

Would you like to live flexibly supporting someone from home?



Cambridgeshire
& Peterborough
Domestic Abuse & Sexual
Violence Partnership



Cambridgeshire
County Council



Have you considered the Shared Lives Domestic Abuse Project?

Give back to your local community whilst enjoying sociable living.

- Flexible options: provide long term, day support or short breaks
- Receive fees between £350-£650 a week with tax breaks
- Make a positive difference for you and a survivor of domestic abuse
- Full training and support provided



“Supporting someone from my own home having someone visit you, I wanted to make the difference for one person and I signed up right there!”

**Heather,
Shared Lives carer**

What is Cambridgeshire Shared Lives?

Cambridgeshire Shared Lives care is a support service for people aged 18+ who have a long-term condition, and want to live independently in their community, alongside someone else in a supportive house-share.

There’s never a dull moment and Shared Lives brings you something new every day!

What do Shared Lives carers do?

Shared Lives domestic abuse carers can give a helping hand where is needed. This could include going to the doctors, making friends, cooking meals, watching your favourite TV programme or even going on holiday! It’s a great way to develop friendships – and the rewards are worth it.

Shared Lives domestic abuse care is based on shared interests, lifestyles and the feeling of safety home brings. For someone who needs support, it provides a safe space away from abuse – and allows you to support someone flexibly from home in amongst hobbies and interests.

Self-employed perks

You could start by offering to support someone for a few hours or overnight stays, and when you feel more confident you could offer longer breaks if you wish. It doesn't need to be long-term, but it can be. The Shared Lives Domestic Abuse Project allows you to offer as much time as you wish. Whatever you choose, you get to see the amazing difference you make in someone's life!

What skills do I need?

In Shared Lives, it's about supporting someone to become confident, learn new skills and thrive in everyday life.

Shared Lives Domestic Abuse carers are usually practical, sociable and patient – and have a great sense of humour. You will not be expected to provide specialist domestic abuse support, however you will receive tailored training around trauma informed practise.

We're looking for people who want to make a positive difference – no experience needed

Supporting someone from home, you will receive fees between £350-£650 a week with tax relief, training, regular breaks and a wellbeing package.

Who could I be matched with?

You'll get to choose who you support, and they'll choose you, together with our Cambridgeshire Shared Lives scheme's advice and guidance. Your voice will be listened throughout the process.

People who use the Shared Lives Domestic Abuse Project may be:

- Someone with learning disabilities
- Be experiencing, or have experienced abuse from their partner or family
- A young person transitioning from fostering who has had experiences of abuse

Support for you

Cambridgeshire Shared Lives scheme will offer you training and support. You'll have a dedicated Shared Lives Domestic Abuse Project Coordinator to talk to and celebrate your successes.

You will receive a fee and get tax benefits. If someone lives with you long term, you'll also get respite each year.

We're proud that our regulators, care inspectors across the UK, continue to rate Shared Lives as the safest and best quality of all social care support options each year.

As a Shared Lives Domestic Abuse carer you will be self-employed. Shared Lives Plus, a national support network for Shared Lives carers, will be able to support you with this.



"I just wanted to do something that opened people's horizons"
- Kerry, Shared Lives carer



Start your shared life today!

To find out more contact our team



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